



## FEELING WEAK?

**AUGUST 11, 2025**

**PSALM 28:7 NKJV – (7)** The Lord is my strength and my shield; my heart trusts in him, and He helps me. My heart leaps for joy, and with my song I praise him.

**Psalms 28:6–7** gives thanks to the Lord for answering David's prayer. David's response is to trust in the Lord wholeheartedly. Trust in God transformed his fear into peace and his trial into triumph. God's power and protection are seen clearly in David's praise.

God is the source of David's power and protection. David rejoices in the Lord and sings praise to Him, because the Lord is the source of his power and protection. As a warrior (**Psalms 144:1**), David recognizes that the Lord enables him to be strong in the face of his enemy's oppression. A shield not only provides a warrior with physical protection—it also serves to boost the warrior's confidence. Experienced believers can often recall many occasions when the Lord strengthened and protected them. Each victory brings an opportunity to rejoice and be thankful.

Isaiah refers to the Lord as providing power to His people. He writes in **Isaiah 40:28–31** that the Lord does not faint or grow weary. He empowers the faint and gives strength to those who have none. Those who wait on the Lord will receive new strength. They will soar like eagles, run without tiring, and walk without fainting.

**SCRIPTURE READING: PSALM 28:8**

**THOUGHT FOR THE WEEK:** For whatever is born of God overcomes the world.